



Monday, October 8th, 2018

Soups

Mushroom-Barley
&
‡Green Lentil
8

Daily Wrap

BBQ Grilled Tofu, Sautéed Greens, Yellow Basmati Rice,
Daily Bean, Chili Aioli, Spinach Tortilla, Mesclun, Spicy Salsa
16

Daily Pasta

Fettuccini, Carrots, Spinach, Corn,
Mushrooms, Roasted Garlic-Tomato Sauce
20

Eggplant Napoleon

Cornmeal Crusted Eggplant, Sautéed Spinach, Artichoke Pâté
Basil Coulis, Roasted Garlic-Tomato Sauce
21

Lemon Bundt Cake

Mixed Berry Coulis, Vanilla Ice Cream
15

Bean: Black Eyed Peas

Masala: Yellow Split Pea Daal

Curry: Root Vegetable

Greens: Kale, Spinach, Bok Choy

Drink Special

Downeast Pumpkin Cider

Blend of Pumpkin, Apples, and Chai Spices
6

‡ Available Gluten Free

* Contains Nuts