



"Food Fresh from Farm to Table"

Specials

October 11, 2018

SOUPS

\$5 half pt / \$8 pt / \$13 qt

‡ Lentil

‡ Roasted Tomato Basil

APPETIZERS

*‡ Cornmeal Crusted Cauliflower 14

*Served with broccoli rabe, roasted garlic tomato sauce,
almond cheese, jalapeno aioli*

‡ Guacamole 12

Served with ranchero sauce and corn tortilla chips

ENTREES

Seitan Scampi 23

*Served with roasted fingerling potatoes, sautéed spinach,
arugula, tomato, garlic, white wine sauce, grilled five grain
bread*

‡ Penne Alfredo 20

*Served with sautéed spinach, broccoli, green peas, roasted
kabocha squash, garlic cashew cream sauce*

SIDES

‡ Daily Greens 8

Napa Cabbage, Red Chard, Escarole

‡ Daily Vegetables 8

Carrots, Cauliflower, Zucchini

DESSERT

*‡ Ice Cream & Sorbet Sampler 9

Vanilla soy, Pineapple sorbet, Chocolate Walnut Brownie

‡ Available Gluten Free

* Contains Nuts or Seeds